Beacon Hospital

Assistive Equipment
Occupational Therapy Department - Phone: 01 2936692

There is a wide variety of assistive equipment available for private purchase. These include toileting, bathing/showering, seating, bed, domestic aids and other long-handled accessories. Some of these aids can be useful particularly with an orthopaedic condition or after surgery. Advice on the type of assistive equipment that may suit you can be given to you by your ward Occupational Therapist.

In this information leaflet there are some examples of assistive equipment. This list is not exhaustive and there may be other specific aids available that are not included here.

Measurements and specifications of your home environment (for example, if purchasing a bath aid) will have to be given by you or a family member to the supplier so that they can ensure they provide the most suitable piece of equipment to suit your home environment.

It may also be beneficial to have a Community Occupational Therapy (COT) follow up for advice in your own home. A referral can be made to the COT by your ward Occupational Therapist or through your GP.

If you have a medical card you may be able to access the assistive equipment via local community services; there may be a waiting list for these services and also certain equipment items that your local community services are not in a position to provide.

There is a list of suppliers at the end of this leaflet. Other supplier information may also be sourced online at www.assistireland.ie

The information for this patient information leaflet has mainly been accessed via www.assistireland.ie.
OT.PIL.009

Occupational Therapy: Last Revised May 2014
**Toileting Equipment**

These include toilet surround frames, raised toilet seats and combined toilet surround/raised seats and commode.

**Adjustable Toilet Surround**

![Adjustable Toilet Surround](image)

**Assist Ireland Product ID: 4062**

This height-adjustable steel toilet frame surrounds the toilet and provides support for users when raising from and lowering onto the toilet.

The frame has two crossbars and integral arms with padded armrests for comfort. It can be placed around most conventional toilets and it has anti-slip rubber feet (ferrules).

**Adjustable Toilet Surround/Toilet Frame**

![Adjustable Toilet Surround/Toilet Frame](image)

**Assist Ireland Product ID: 4060**
This tubular toilet frame is width-adjustable and height-adjustable. It surrounds the toilet and provides stability and support for users when raising from and lowering onto the toilet. The frame has integral arms with padded armrests for comfort.

The frame has two crossbars and is available in lightweight aluminium or steel. It can be placed around most conventional toilets. The frame has anti-slip rubber feet (ferrules).

**Stirling Elite Toilet Frame**

![Stirling Elite Toilet Frame](image)

**Assist Ireland Product ID: 4053**

This tubular metal toilet frame is height-adjustable and can be placed around most conventional toilets. It has integral arms that provide support for users when getting up from the toilet. The arms are extended at the front so the user can lever themselves forwards and then upwards from the toilet seat. The frame comes with a wide, contoured plastic seat that has a front and rear cutaway for personal hygiene. The frame has anti-slip rubber feet (ferrules) that prevent the frame from slipping.

A deluxe version of this frame is available with padded armrests for comfort. An optional floor-fixing kit with screw-down feet can be purchased for either frame if a permanent installation is desired.

**Ashby Easyfit Raised Toilet Seat**

![Ashby Easyfit Raised Toilet Seat](image)

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Assist Ireland Product ID: 120617

The Ashby Easyfit Raised Toilet Seat is a single piece moulded toilet seat. The toilet seat is made from an anti-bacterial material and is attached to the toilet by two brackets.

Royale Commode

Assist Ireland Product ID: 1405

This hardwood commode has a vinyl-padded backrest and removeable seat. The armchair like design of this commode discreetly hides its main function. The seat can be lifted to uncover a pan with its own lid and carrying handle. The open armrests provide support to the user when they are getting out of the chair. An extra wide version of this commode is available for the larger user.

Bathing equipment

These include bath bench/board, swivel bath seat and electronic bath lift

Savanah™ Shower Board

The information for this patient information leaflet has mainly been accessed via www.assistireland.ie.
Patient Education

**Assist Ireland Product ID: 3856**

This shower board provides a platform area over the bath. The user sits on the board to transfer his/her legs into the bath. They can then stay on the board and wash using the shower. This shower board is wider than the Savanah bath board. It provides a larger seated area for added comfort and security.

This shower seat is made from smooth waterproof plastic slats that allow for quick drainage. The board fits across the width of the bath and is held in place with an angle-adjustable bracket. All the fittings are made of stainless steel to prevent rusting. The board has rubber pads underneath each slat, which prevent it from slipping on the rim of the bath.

**Economy Swivel Shower Seat**

![Economy Swivel Shower Seat](image)

**Assist Ireland Product ID: 1033**

This device provides a stable seat over the bath and allows individuals with limited standing abilities to shower. The seat is made of sturdy plastic, and it can rotate and lock into position.

The seat is fixed to a stainless steel frame that rests securely on the rim of the bath. Two armrests provide security and extra support for individuals who have difficulty sitting upright. The holes in the seat allow rapid drainage.

**Aquajoy Saver Bath Lift**

![Aquajoy Saver Bath Lift](image)

**Assist Ireland Product ID: 120757**

The information for this patient information leaflet has mainly been accessed via [www.assistireland.ie](http://www.assistireland.ie).

OT.PIL.009

Occupational Therapy: Last Revised May 2014
The Aquajoy Saver Bath Lift is a lightweight bath lift designed to help users in and out of the bath. The lift has a floating handheld remote control and is supported in position with suction cup feet. The lift has been designed to allow use with a bath mat and to provide the user with maximum leg room.

**Dento Reclining Bath Lift**

![Dento Reclining Bath Lift](image)

**Assist Ireland Product ID: 10398**

The Dento Reclining Bath Lift is a reclining bath lift that lowers the user into the bath and reclines to 40 degrees. The bath lift has a neck support and floating headrest with an ergonomically formed seat and backrest. The lifter is designed for easy cleaning.

**Showering equipment**

These include variety of shower stools/chairs

**Tooting Shower Seat Range**

![Tooting Shower Seat Range](image)

**Assist Ireland Product ID: 3894**

The information for this patient information leaflet has mainly been accessed via [www.assistireland.ie](http://www.assistireland.ie).
Patient Education

This wall-mounted shower stool can be folded up flat against the wall when not in use. It has an aluminium and plastic frame. The shower stool is available with a padded waterproof seat for comfort, or with a plastic slatted seat that allows rapid water drainage. The padded seat is available with a horseshoe cut-out at the front to facilitate personal hygiene.

When in use, the seat is supported by two legs with rubber stoppers on their ends to prevent slippage. The legs are height-adjustable so the seat can be fixed at a height that suits the user. The legs are available in two lengths.

Belmont Adjustable Shower Stool

Assist Ireland Product ID: 8930

The Belmont Adjustable Shower Stool is a height-adjustable shower chair with four tubular framed legs. The chair has rubber ferrules on the end of each leg for user safety and a perforated seat for drainage of water. The seat also features two integrated handles for additional user safety and comfort.

Days Corner Shower Stool

Assist Ireland Product ID: 10407

The information for this patient information leaflet has mainly been accessed via www.assistireland.ie.

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The Days Corner Shower Stool can be adjusted to five different heights at set increments and is shaped to fit in the corner of a shower. The stool has a plastic seat and comes flat packed.

**Harrogate Shower Chairs/Economy Shower Chairs**

![Harrogate Shower Chairs](image)

**Assist Ireland Product ID: 3940**

The shower chairs in this range are lightweight and durable. They have a tubular metal frame with an integral horizontal pushing bar and tubular armrests. The plastic backrest and seat are curved for comfort, and they are perforated to assist water drainage.

The chairs are available with fixed-height legs or height-adjustable legs. The chairs are available with or without wheels. The static models have non-slip rubber feet for safety, while the mobile chairs are mounted on four braked castors for assisted mobility.

**Seating equipment**

These include orthopaedic chairs and chair raisers.

**Adjustable Height Easy Chair**

The information for this patient information leaflet has mainly been accessed via [www.assistireland.ie](http://www.assistireland.ie).
Assist Ireland Product ID: 1710

This height-adjustable chair has a mahogany-stained beech frame and a padded seat with back, wings and side panels. The chair is upholstered in waterproof vinyl.

Langham Linked Chair Raiser

Assist Ireland Product ID: 4182

This device raises the user's chair to a height that allows them to 'sit' or 'raise' from it with greater ease. It consists of four plastic cups that are connected by criss-crossed struts for stability.

The struts can be adjusted to fit a range of furniture bases. The cups fit onto the legs of the chair to increase its height. The chair can be raised to three different heights by inserting blocks into the cups.

Bed equipment

These include bed leavers and rails.

Bed Leaver
Assist Ireland Product ID: 4224

This bed rail is designed to help users pull themselves up from a lying position to a sitting position in the bed. It can then be used to support the user when moving from a sitting to a standing position.

The loop-shaped steel grab rail is mounted on a flat wooden base, which is fitted between the mattress and the bed base. The device is supplied with fixing straps that secure the rail in position.

2 in 1 Bed Rail

Assist Ireland Product ID: 8825

The 2 in 1 Bed Rail can be used with slatted and divan beds to provide a rail for lying to sitting and sitting to standing transfers. The rail has a removable base attached with two clips that can be turned around depending on the type of bed. The rail is secured in position with safety strapping. The nylon coating of the rail is antibacterial to reduce cross-infection and bacteria growth.

Other assistive equipment

These include perching stools, kitchen trolley etc.

Perching Stools

The information for this patient information leaflet has mainly been accessed via www.assistireland.ie.

OT.PIL.009
These perching stools position the user in a semi-standing position so they can half-sit while doing kitchen tasks and still be at the right height for work surfaces. The plastic coated steel frames are fitted with sealed cushion seats for comfort. The sloping seats mean the user can rise out of them easily. The stools are height adjustable so the user can adapt them to their needs. Each leg has a rubber stopper (ferrule) at its end that provides grip and prevents slippage even on wet surfaces. There are four versions of this stool, the standard stool, the stool with arms, the stool with arms and backrest and the stool with arms and padded backrest.

**Adjustable Walsall Trolley**

Assist Ireland Product ID: 4521

This height-adjustable household trolley has a tubular metal frame with integral angled handles and two plastic shelves. It is mounted on four, large, rubber castors for mobility.

The handles and shelves are height-adjustable so you can customise the trolley to your individual requirements.

**Long-handled aids**

**Reacher Shoehorn**

The information for this patient information leaflet has mainly been accessed via www.assistireland.ie.

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Occupational Therapy: Last Revised May 2014
Assist Ireland Product ID: 120689

The Reacher Shoehorn is a long-handled shoehorn with a grabbing arm that can also be used as a pick-up stick. The shoehorn is designed to help people put on shoes where the user struggles to bend down to pull the shoes on. It can also help to reduce strain on the back.

Sock Aid

Assist Ireland Product ID: 1306

This lightweight sock applicator may be helpful for people who have difficulty bending over when putting on their socks. The flexible trough is pliable, which makes it easy to slip into the sock.

The user inserts their foot into the opening created by the trough and pulls up on the straps to draw the sock over the heel and up the calf. The long cotton straps have loop handles. Requires the use of two hands.

Days Long Handled Sponge

Assist Ireland Product ID: 10502

The Days Long Handled Sponge is a soft sponge designed for use in the bath and has a angled handle to aid with cleaning. The long handle on the sponge helps the user to reach more of their back.

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List of Suppliers

Below is a list of some healthcare equipment and stair rail suppliers and installers. This is not an exhaustive list and we are not recommending these companies above other suppliers.

**Healthcare equipment suppliers** in the Dublin/Leinster area include the following (most of these suppliers also deliver nationwide):

- Ability Matters, Shop at Unit 12 Deansgrange Business Park, Kill Lane, Deansgrange, Blackrock, Co. Dublin – 01-8853654
- Momentum Healthcare Direct, Citywest Shopping Centre, Dublin 24 – 01-5153644, 087-7376133
- Murrays Medical, Shop at 20-21 Talbot Street, Dublin 1 – 01-8555733
- Fannin Ltd. (customer services – no longer have store open to the public but can see their products online; usually ‘Days Healthcare’ range of products) – 01-2907000
- Healthcare 21 (online and customer services) – 01-8855551
- Orthocare Ltd (customer services) – 01-2762770
- Beechfield Healthcare (online and customer services) – 057-8682304

**Grab rails and stair rails;**

- Local building suppliers, DIY stores, Argos and some of the healthcare equipment suppliers outlined above supply variety of rails – You will need qualified tradesperson to install any rails.
- Community Care Installations (via Fannin Ltd.) assess, supply and fit variety of grab rails – you can call for information and price estimate at 01-2907080
- ‘The Handrail Man’ (based in Churchtown) – is an example of a local tradesperson - they assess, supply and fit a variety of grab rails and stair rails – call for information and price estimate at 01-2981975, 087-2576775
- If you are based in the Bray/South Dublin area HomeLink Services provide DIY/Trades men who can install rails etc. for a nominal fee. Contact Maoiliosa Kelly on (01) 201 4473
- Age Action also offer a ‘Care & Repair’ service for older persons throughout the country. Informed recommendations on trades people can be made to older people who may have job requirements which are beyond the scope of the Care & Repair Service. Contact 01 4756989

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